



## **FREE\* Flu shot available through the Health Plan!**



**T**he Plan has made arrangements with EnvisionRx for Plan members and their dependents to receive the flu vaccine at their local participating pharmacy. This arrangement will replace the flu clinics that had been previously operated by Crystal Run Health Care for the OU Health Plan.

**THE VACCINE WILL BE AT NO COST TO MEMBERS! \***

### **Active Members**

Active members need only to present their Plan ID card with the EnvisionRx number on it to receive a "no charge"\* flu vaccine at a participating pharmacy. (Note: Not all pharmacies will vaccinate children under 18. Some, such as CVS and Walgreens, have begun providing pediatric immunizations.)

### **Medicare Primary Retirees**

Medicare primary members must present their EnvisionRx Plus ID card (Part D). **The pharmacy MUST BE PROVIDED WITH THESE DRUG PLAN CODES for the Orange Ulster School Districts Health Plan: Rx Bin: 009893, RxPCN: ROIRX.** This information is required by the pharmacy to file for the Part D benefit and the OUSDHP benefit combined so the entire flu vaccine is paid for **WITH NO CO-PAY \*** from the Medicare primary patient.

\* There are several types (brands) of flu vaccines. Pharmacies participating with EnvisionRx know which vaccines are **COVERED IN FULL**. If your pharmacist suggests a "higher" dose, or a "preferred" vaccine, be aware that if that inoculation drug is not part of the EnvisionRx Drug Formulary, there may be an additional charge that you would be responsible for, but the choice is yours. 🍏

## **FREE MEDICAL HELPLINE**

**YOU** can make a difference in your overall health and that of your family. Use the Health Plan's **MEDICAL INFORMATION HELPLINE** whenever you need assistance in resolving a medical problem. **IT'S FREE!**

Talking with an HCS Care Counselor Nurse can be very enlightening if you have any health issue questions. The Health Plan utilizes HealthCare Strategies (HCS) as its Managed Benefits/Prescription Drug Coordinator. To help our members obtain health care information and resources for making the



best health care decisions, HCS provides a toll-free **MEDICAL INFORMATION HELPLINE** at 1-800-582-1535. 🍏

## **Are you aware of the Plan's HealthReach Predictive Care Management Program?**

**H**ealthCare Strategies (HCS) offers HealthReach Predictive Care Management, which assists members to better understand and manage their personal medical conditions with free access to specialized education and support.

### **How HealthReach Works**

When a high-risk member sees multiple doctors and is taking several prescriptions, their medical care becomes a complex problem which may be unknown to separate attending physicians. These claim situations are reviewed by your Health Plan's "Care Manager", HCS, for possible treatment conflicts, or areas in health care "gaps" that you may not be aware of. HealthReach Predictive Care Management gives HCS the ability to gather all of a participant's medical history and construct a detailed picture of their current and prospective care and treatment. A personal medical record is created for each participant. If an HCS Care Counselor Nurse calls or contacts you, please let them help you with your care management. **IT'S FREE TO YOU AND CAN EVEN REDUCE YOUR PRESCRIPTION CO-PAYS!** 🍏



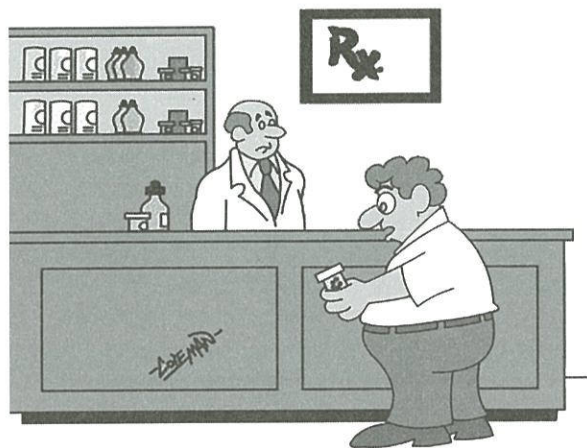
## EnvisionRx Mail Order prescriptions can **SAVE YOU MONEY** with reduced out-of-pocket co-pays.

Please keep in mind that every time you purchase prescription drugs at the retail pharmacy, the script is limited to a 30-day fill. However, retirees, whose primary coverage is Medicare (Part D) through OU Health, can purchase a 90-day prescription refill at the drug store for a "Mail-Order" co-pay. When those same drugs are purchased through the EnvisionRx Mail Order Program, you can purchase a 90-day fill for 1.5 times your monthly co-pay costs (instead of 3 times the monthly co-pay). For example:

Drug Tier	Retail 30 days co-pay	Mail order* 90 days co-pay	Your co-pay savings per year
Generic	\$ 5.00	\$ 7.50	<b>\$30.00</b>
Pref Brand	\$25.00	\$37.50	<b>\$150.00</b>
Non-Pref Brand	\$50.00	\$75.00	<b>\$300.00</b>

\* And Medicare Part D only 90 day retail.

Therefore, whenever possible, it is to your advantage to purchase repeating maintenance prescriptions through the Plan's Mail Order Program. Forms to Enroll in the Mail Order Program are very simple and can be obtained from [www.ouhealth.org](http://www.ouhealth.org) and click on EnvisionRx Mail Order Service Form. 🍌



"TAKE WITH MEALS? NO PROBLEM!  
I EAT ALL THE TIME!"

## Members Must Timely Notify the Health Plan of Changes in Family Status! (Including all newborn children.)

**M**embers can change their Plan coverage in the event of a qualified "Change in Family Status" anytime during the calendar year. A coverage change **MUST BE MADE WITHIN 30 DAYS OF THE QUALIFIED CHANGE IN FAMILY STATUS.**

A qualified Family Status change includes:

- A.) Marriage
- B.) Divorce
- C.) Birth
- D.) Adoption
- E.) Addition of Children\*
- F.) Loss of Covered Status for any reason
- G.) Death
- H.) Termination of spouse's medical coverage

To change your health coverage, you must contact your School District's Health Plan Representative. **ALL RELEVANT DOCUMENTATION MUST BE SUBMITTED WITHIN 30 DAYS OF THE EVENT**; otherwise, your District Representative cannot authorize the Change of Coverage.

**REMEMBER:** Any time one of the above events occurs, you **MUST** notify your Health Plan Representative within 30 days to avoid a delay of coverage!

\*Failing to notify the Health Plan (through your employer's representative) of a newborn child, could result in your being responsible for claims paid by the Plan, after the 30-day automatic coverage for newborn children (30 days from the date of birth), when the automatic newborn coverage ends. During the 30 days of newborn coverage, **YOU MUST ADD** all newborn children to your coverage within 30 days after their birth. 🍌

